

A paper on the sleep effects of DAZZTEX α Sleep has been published in the Clock & Sleep journal by the renowned academic publisher MDPI.



Founded in 1996, MDPI (Multidisciplinary Digital Publishing Institute) is a pioneer in open-access academic publishing, making research papers available across a wide range of fields including science, technology, medicine, and social sciences.

The recently published paper demonstrates the beneficial effects of our α Sleep[®] far-infrared blanket, produced using DAZZTEX technology, on sleep. The study shows that it improves sleep quality, blood pressure, vascular health, muscle function, inflammation, and fatigue.

Let me know if you need any adjustments!

dissertation manuscript

